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QMAGAZINE



OCTOBER 2012



featuring
PAJAMA PARTY
real men don't wear pajamas

BOTTOMS UP

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9pm-late

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4 strip shows



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q comment: HAPPY 100 A.C.T.

Four beautiful seasons. Twelve fantastic months. One very big year. In 2013, Australia will celebrate the Centenary of Canberra, its national capital and symbol of our democratic freedom, achievements and aspirations. The Centenary offers an opportunity to revisit and reflect on Canberra's intriguing history, and to consider what the future might hold for this thriving young city of almost 370,000 people.

The 12th of March in 2013 marks 100 years since Lady Denman, wife of the then Governor-General Lord Denman, stood upon the newly laid Foundation Stones and officially named the new Australian capital, 'Canberra'. Long before this however, the very idea of a national capital - never mind its preferred name and location - was the subject of impassioned discussion and debate, the likes of which would come to characterise the city for many generations to come.

The Centenary of Canberra celebrates the history and heritage of one of the most successful planned cities in the world. It is an opportunity to remind Australians that the national capital came into being as a result of the forward thinking and inspired endeavours of our Federation founders: they had grand vision.

The Centenary's Creative Director, Robyn Archer AO, with the benefit of earlier community consultation, has curated a year-long program of events. This program consists of Robyn's original ideas, developed by the Centenary team; partnership projects with other organisations, such as museums, galleries, sporting and scientific bodies and performance companies; and independent centenary programs and community activity, including some of the projects supported by the Community Initiatives Fund. The program has many new and highly innovative initiatives, but also showcases the best of what takes place in Canberra each year.

"This is a great opportunity to encourage a refreshed and realistic look at Australia's national capital, and to re-imagine its next one hundred years. I trust that after the Centenary year, no-one will ever look at Canberra in the same way again."

To find out more, visit www.canberra100.com.au



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q feature: PAJAMA PARTY

By Tom Corliss

Real men don't wear pajamas.

At least that is what we've been led to believe. There has long been a stigma attached to men wearing pajamas. Today, what most consider as the official hip sleepwear for men are boxers and a white tee.

Part of the reason is men's pajamas have long signified sexless-ness. There is only one phase in a guy's lifetime when pjs are acceptable: under 12, when they look cute. The rule of thumb being once you're old enough to shave, it's time to ditch the jammies.

But it wasn't always that way. Pajamas were sexy – once. Fifties heartthrobs like Cary Grant wore pajamas. But that was a time when anything slightly suggestive was sexy. Seeing Grant in his pajamas made viewers think of sex and nudity and wonder what lay beneath. These days, with full frontal nudity always a click away on the web, little is left to the imagination.

Times are changing. It's taken half a century for it to happen but pajamas are fighting their way back 'in' – thanks to some of today's leading underwear designers.

One thing these new pajamas have in common: they're not what your Grandpa would

have stepped outside in to pick up the morning paper from the curb. These new jammies are sexier and more suggestive than ever. They may even bring back the pajama party – for men.

Hero Lounge Pant by Timoteo

Drawstring lounge pants from Timoteo are perfect for hanging out at home or hitting the sheets in style. These stretch cotton lounge pants have an easy-to-wear relaxed fit and cool versatility.

They feature a blue and black elastic drawstring waistband with black piping at the outer leg. The fabric is extra soft and light-weight, making these men's pants the ultimate in comfort. Cotton/spandex. Made in the USA. Machine wash.

\$38.00 at timoteo.net.

Pyjamas by ES Collection (front cover pic)

Perfect for keeping guys warm on those chilly spring nights. Even better for guys who aim to heat things up with a two-person (or more) party in bed.

Made from 95% cotton and 5% spandex, the one-piece feels as good as it looks. The pouch area even features a fully functional buttoned fly for easy access.

\$120.00 at LaJock.com.

Komfort Pant by Gregg Homme

Gregg Homme's prestigious yet laid-back KOMFORT collection is not called KOMFORT for nothing: this collection earns its name by being made from a subtly-brushed microfiber that feels like a breeze against the skin.

The super-soft pants are straight-legged, hang loose on the body, and the Gregg Homme logo can be seen on its covered elastic waistband. Made from 92% polyester and 8% spandex.

\$55.00 at Gregghomme.com.



q in-depth: JUST A GIGOLO

by Mark Gray

Rentboy's 2013 GIGOLO calendar is available on Amazon.com.

Visit www.rentboy.com.

Junior Stellano was just 18-years-old when, on a bet, he stepped into a tattoo parlor in New Orleans and was forever branded with the tiny heart on his right butt cheek that has become his trademark.

"My friends all knew my father would kill me if I got a tattoo," he remembers. "They dared me to do it and I was so trashed (on alcohol), I did. My father saw it and laughed his ass off. A few years later my Dad, brother and I all got tattoos together."

Sadly, his father passed away in 2003 and due to an unusual set of circumstances, his death lead to Stellano becoming a rentboy. Surprisingly to some, he calls escorting the best thing that ever happened to him. He made lots of money, it lead to him becoming a star of (strip) stage and (adult) screen, and most recently, he was chosen to grace the cover of Rentboy's annual calendar.

So why did the world's leading gigolo announce this month that he is leaving the escorting biz? Our inquiring minds needed to know.

Why do you think Rentboy chose you as their 2013 calendar boy?

There are thousands of guys out there who are better looking than me so I'd like to think I was chosen for my winning personality.

Are you "Just a Gigolo"?

There is way more to me than that. I earned my MBA and have worked corporate jobs since I graduated from grad school.

How did you get into escorting?

My father was a successful businessman and when he passed away a few years ago, my family ended up in a legal battle where all our assets were frozen. I didn't make enough money at my 9-5 to see my family through the tough time, so I pimped myself out and it turned out to be the best thing I have ever done.

Becoming a Rentboy was the best thing you ever did?

It brought the world to my doorstep and opened so many opportunities. When clients realized there was more to me then "just a gigolo", they treated me with respect and I was able to work with a higher-class client base. Then after I became an international porn model, the Junior Stellano brand went into over-drive. I had my family's back covered and then some.

Why have you decided to retire from the biz?

I landed an amazing job in fashion and was recently promoted to VP. Rentboy.com opened the door but the rest was all me. Also, my family's difficult financial situation ended

and we came out on top. My father would have been proud. My family and our future are secure once again. But I do miss being a rentboy.

What would you like people to know about the Rentboy profession?

People should know rentboys are not sex machines or toys. We are people with feelings and emotions. There are Rentboys who have bright futures ahead of them. Like myself, many are educated and come from good homes and were taught morals and manners and are using Rentboy as a stepping-stone to bigger things. Some are escorting because of the poor economic situation in our country.

Can anyone be a rentboy?

It takes a certain type of guy to do what we do. It's not easy to separate work from play. Clients should also know hard-working rentboys are not out to con, rob or hurt them in any way. They just want to put food on the table.

How has the escort business fared in this down economy?

Sex sells. I had clients on unemployment hire me.

Would you ever pay for a Rentboy?

It's funny you should ask that question and I am surprised you did. Yes! I have paid for many escorts, and trust me they are very happy when they walk in my door.

Who is someone you have paid for?

I have so many good friends in the business from all over the world, so that's a question I can't answer. I have my privacy too.

Are you single?

Now that escorting is over and my life is about family and career, I have started to date again. I recently met someone special. I'm not sure I was ever really in love before because I have never felt the feelings I feel now. I think I'm in love.

How does he feel about your porn career?

He's okay with a few more years of me making porn. It takes a mature, secure, real man to see past such things. My man loves me and he is proud of me and proud to be with me.

What are you most looking forward to in 2013?

I look forward to seeing where my new relationship will take me. I look forward to getting back to work with some of my favorite porn studios and making some awesome new movies and I look forward to being the best VP my company has ever had.



q lifestyle: with PETE DILLON

I have recently been touring through regional Australia, meeting some wonderful small and artisan producers, and I have been absolutely inspired by the commitment these people show not just to their products but to the land.

Avocados we imagine come from somewhere warm, up north in Queensland perhaps, but an enterprising family on the Murray River in North Central Victoria are producing some of this country's finest. Barham Avocados. Katrina and Tim Myers are the second generation of farmers on this property at Horsehoe Bend.

Growing pesticide free Avocado trees on a beautiful stretch of the Murray, and growing four varieties, the enterprising Myers/Warne family have ensured a quality product. The fruit can be purchased locally, as far away as Melbourne and Mudgee and at Farmers markets. The most

exciting news from Barham is that they now sell online. You can place an order, the avos are picked and posted within a day and are with you before they even think of starting to ripen (avocados don't ripen until they are picked). With wonderful health benefits, avocados are now easier to come by than ever before.

To purchase online, go to <http://barhamavocados.com.au/shop.shtml>

When the avocados are not suitable to sell, they go to another local producer, Bundarra Berkshires. Bundarra Free Range Berkshires Pork is dedicated to breeding quality free range animals in a low stress, low input, grassed environment. They are another small, family run farm near Barham on the Murray River in Southern NSW.

Their pork has a superior quality and taste due to the way they raise the animals. They love the pigs and the pork they produce. With all the avocados they eat, they should be happy healthy pigs too.

Growing free range pork, especially rare breed pigs is a joy. To see the little piglets, happily running around the farm (and they are cute), you know that they are happy. The sows are kept in wonderful conditions and the very happy boars are in great condition. You know you are dealing with committed free range farmers when every adult pig is named, and recognized in the paddock.

You can also purchase at farmers markets or online at <http://www.bundarraberkshires.com/online-farm-store.html>

Dorper sheep are a cross breed between Persian and Dorset lambs. Some of the hardiest sheep going around, the strong bloodlines produce amazing meat. Olsen Park Dorpers are based on the Victorian side of the Murray River at Koondrook.

Sheep farmer David Hewitt became involved with farming these sheep after years as a woodcutter. David sells his lamb locally at Farmers markets, but also supplies a couple of select regional restaurants in Victoria

David's farmers' market stall now accounts for about half his farm's business. "It has turned out to be one of the best thing we have ever done," he said.

David and his mother, Jenny run about 400 Dorper sheep on their Koondrook property with the help of David's two brothers. "We're finding that it's really taking off - the more people that taste it, the more orders we get."

All of these producers are part of a wonderful collective on the border of Victoria and NSW, and are forging the way forward to ensure that not only are we eating the best that can be produced but supporting sustainable farming practices along the way.

Pete can be heard every Saturday from 1-2pm on Cravings, on Australia's only full time Gay and Lesbian radio station, JOY 94.9



q money: with EVAN DAVIS

I was driving my lovely friend Jay home. As I had a captive audience I thought I'd use the opportunity to talk through the finer points of my upcoming Q Magazine article. I had decided to write on the thrilling subject of the 'Economic Clock' and its usefulness in measuring the position of the Australian economy. Jay is a clever fellow and seemed to be taking it all in, I started to explain when to expect a 'cautiously optimistic' indication of economic recovery, when I realised he was only feigning interest.

The giveaway was when he rolled out his tongue and pretended to repeatedly slam his head in the car door. Perhaps the article needed some more polishing. You'll get it next month. I promise it won't be boring...Instead this article will reflect on our mighty pink dollar and my favourite (Gay) places and events to spend it!

The 'Midsumma' festival is brilliant and starts the year with a bang. Melbourne's weather is at its best and many beautiful men seem to develop an allergy to the cotton in their shirts, as they seem to go topless.

Personally I hope they never find a cure. Carnival day and the following T-Dance are must *spend* events as far as I am concerned. A day in the park with friends then T-Dance to watch the sun go down over the cityscape as the music pumps, *brilliant!*

These events are community run and heaps of fun. Music, performance, and Art events are just some of what is on offer during the festival and are all worthy of your investment.

If 'Midsumma' wasn't enough, then the party continues with 'Chillout'. This is a regional community event which sees many of us flocking to Daylesford and Hepburn Springs for a long weekend of relaxation.

Food, booze, sleep and indulgence are the orders of the day. Again this is a fantastic event which is well run and is worth your investment. The parties, events and dining options have brought my partner and I back for 5 years now.

Checkout 'Fruits in Suits' throughout the year. This is a professional gay networking event designed to help build useful business contacts over a couple of drinks. I've made new friends at this event and it is a great excuse once a month to make you take a step back from the pressures of work and catch up with a great mix of guys and girls. The investment in yearly membership fee is well worth it.

'Minh Minh', 94 Victoria St, Richmond is my favourite cheap and cheerful restaurant in the city. In the 7 years I've been proud to call myself a Melbournian I've lost count of the number of people I've introduced to this unofficially gay institution.

Last but by no means least Q Magazine! I've connected several advertisers over the years and all have had a great result. It would be remiss of me not to plug this fine periodical. If you have a business or service to promote, talk to the editor.

In no particular order these are my top five contenders for your pink dollar. I'd love to hear your thoughts too. You might introduce me to a new favourite! Evan Davis – evan@matesratesmoney.com.au



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States move on same-sex marriage

Following the resounding defeat of the federal bill in the House of Representatives last week which would have allowed gay couples to marry, advocates for change are now focussing their attention on same-sex marriage legislation in the states and territories.

In Tasmania last month, the lower house became the first chamber of an Australian parliament to pass a bill to legalise same-sex marriage. The bill, which was co-sponsored by Labor Premier Lara Giddings and Greens leader, Nick McKim, passed by 13 votes to 11.

However, at this stage, it must still pass the state's 15 member Legislative Council to become law. The bill is due to be debated in late September.



Alex Greenwich, the national convenor of Australian Marriage Equality, said that the bill demonstrated that the momentum for same-sex marriage was "unstoppable". The veteran gay activist, Rodney Croome, said the passage of the bill would "banish forever Tasmania's reputation for homophobia.

Efforts to legalise marriage are now also under way in South Australia, the ACT and NSW, where the Premier, Barry O'Farrell, will allow his MPs a free vote.

The Tasmanian bill is regarded as important insofar as it will provide a template for similar legislative schemes in other states and territories and provide for automatic recognition of same-sex marriages entered into in other states.

However, opponents of the bill have sought to argue that a state cannot legislate on marriage because the Federal Government has exclusive power.

Nevertheless, according to constitutional law expert, Professor George Williams of UNSW, "the constitution grants the Federal Parliament a concurrent, rather than exclusive, power to make marriage laws. As with other areas such as taxation, this means that the states also retain power in the area".

The other legal impediment is that the legislation may be deemed to be inconsistent with the federal Marriage Act.

However, according to Williams, there are good reasons as to why inconsistency may not arise. "This is because the laws operate in different fields, with the federal law covering heterosexual marriage and the Tasmanian bill dealing only with same-sex marriage. It is impossible for someone to be married under both at the same time."

The Labor Premier in Tasmania, Lara Giddings, admitted there was disagreement among experts on the constitutional validity of the bill. "But one thing they do tend to agree on is that this is a grey area and, unless the High Court determines otherwise, there is nothing to stop states from enacting their own laws on same-sex marriage."

The case for same-sex marriage in Australia is clearly not over. If the Tasmanian bills passes the upper house later this month, there will be a scheme that will offer state-sanctioned marriage to any gay and lesbian couple who want to tie knot. I'd love to be a fly-on-the-wall in (conservative, Catholic Tasmanian) Senator Eric Abetz's office the day that law is proclaimed.

The Best Monthly Gay Lifestyle Publication in Australia



QMAGAZINE

Australia's Best GLBTI Lifestyle Magazine since 2004



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Prahran's Best Kept Secret

Ideally positioned at the rear of this historic and tightly held boutique building, this ultra-stylish one bedroom apartment exudes New York warehouse living with superb proportions and soaring ceiling heights. A spacious and private courtyard provides an idyllic entertaining environment beautifully complementing the sharp internal finishes evident in the contemporary kitchen with Euro stainless steel appliances and stunning bathroom with sunken tiled spa. One secure car space accessed via Macquarie St.

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kayburton.com.au

q cuisine: with NATHAN MILLER

Earlier this month I was out and about in the warm, inviting suburb of Seddon on the hunt for something a little new and different. Seddon, a former working class area, is truly being converted to a funky hive of great food, coffee and live music. Within close proximity to the CBD, Seddon is the perfect backdrop for an opportunistic barista and their fabulous wares.

A new establishment looking to add to the array of fantastic coffee and food in Seddon is 'Common Galaxia'. From the people who brought you Dead Man Espresso, Common Galaxia is a generous space of minimalistic styled fittings with an air of graciousness. This combined with great fresh produce and a talented team, Common Galaxia is setting its sights high to become one of the key destination cafes in the west.

Over the past couple of years there has been a dramatic change with the residents in this small leafy village. An increase of prams and young children reflects the family dynamics that are replacing the older working folk that once called this urban area home.



The breakfast selection includes some old time favourites and some new styled pan dishes. The food is rich, wholesome and honest with full respect to our land and its fruits.

Coffee is smoothly extracted, well brewed, perfect temperature and presented with the distinction that is required. It is no secret now that they have taken the success of Dead Man Espresso to its sister venue.

There is always a hint of reluctance when moving into new turf, but if given the correct amount of respect, there can be a mutual benefit for all.

For the perfect morning breakfast and coffee, check out Common Galaxia in Seddon.

For more little gems like this one and for further information, visit www.ramblingrelish.wordpress.com

q theatre: WITTENBERG

Red Stitch Theatre presents the Australian premiere of David Davalos' Wittenberg, a playful contemporary drama that plunks an unlikely convergence of characters - Faustus, Luther and Hamlet - into the one place and time, resulting in a 'tragical-comical-historical' play in two acts.

Wittenberg, Germany. Home in its time to Dr John Faustus, philosopher of the brave new world, Martin Luther, theologian extraordinaire and Hamlet, Shakespeare's Prince of Denmark. But what if all three were there at the same time? In Davalos' Wittenberg, it's 1517 and Prince Hamlet, a student at Wittenberg University, finds himself caught between the ideological paradoxes of his professors, Faustus and Luther, vying for influence over the university's star student.

What ensues is an epic and booze-infused tug of war between Faustus' command to question everything and Luther's insistence that God is always the answer in a highly entertaining exploration of Reason versus Faith.

Friday 5 October – Saturday 3 November (not Monday or Tuesday)
Wednesday – Saturday, 8pm; Sundays 6.30pm Matinees: Saturdays at 4pm
Bookings: www.redstitch.net (discounted tix) or on 03 9533 8083
Tickets: \$20.00 - \$39.00 (\$20.00 student, \$15.00 rush)

Red Stitch Actors Theatre,
Rear 2 Chapel Street, St. Kilda



q business: PINK ESCAPES - INDIA

Pink Escapes is a Gay-Owned, ground breaking and affordable 'Bespoke Pink Luxury' Travel Boutique in India - Showcasing India, Bhutan, Nepal and Sri Lanka in style whilst entwining Pink Experiences to make sure travelers have a well-rounded and enjoyable experience they will value forever. They are passionate about putting together a Signature Dream Journey for their clients! And while doing so their Experience Designers take care of client's interests and travel preferences to create an Exceptionally Enchanting Experience – an 'Experience to Love'!!



Pink Escapes focuses on:

- Indian Subcontinent
- Just Pink
- Simply Bespoke
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Bhuvan Mehta, the inspiration behind Pink Escapes, wants to share his enrichment through numerous travels with travelers to India, by creating a brand to anticipate through years of ground work. According to him, "Communication is not a problem!! A majority of Indians speak English and have a lot to share with travelers from around the globe. India is conducive to year round travel; since the country is so vast there will always be a place which will be 'in season'! Home of many traditions, religions and lifestyles, India's heritage and culture holds the interest of both adventure and comfort seeking travelers. Let me assure you that the trip to India will be a trip of a lifetime! And certainly bring you back several times to immerse in the Essence of Indian Subcontinent, a land of many wonders!"

Each of the Pink Escapes Experiences is tailor-made to perfection to suit the lifestyle and travel preferences of their clients. If their clients can dream, Pink Escapes can help them realize it. They value the time and every desire of their clients; hence work closely with them, painstakingly crafting an Experience of their dreams, leaving very little to chance. They address the travelers' concern while considering Indian Subcontinent for travel, and assure a discrimination free trip by using the services of Gay-Owned or Gay-Friendly establishments and individuals, whether it is Hotels, Guides or Drivers. All their travel experiences are completely customized in terms of client interests, budget, time and special requests. Their Experience Designers are knowledgeable experts and most importantly their sensitivity and anticipation makes a good trip great. They can sense your moods and interests well and in doing so customize your itinerary so that you can enjoy every minute of your time without facing any complexities of travel.

Pink Escapes is extremely focused and well oriented to manage the highest end of the market. Travel like the Maharaja; in case the clients prefer to stay in the most opulent accommodations or a Jet Escape or simply want the very best of everything; they have to go for 'Ultra Luxury' Experiences and Services - sky is the limit. Private jet travel is the ultimate luxury, particularly within the massive and diverse subcontinent of India. For busy professionals who can only spare a few days at a time for their vacation, but want to see and experience as much as possible, private jet travel is the answer. Indian Subcontinent has many islands and backwaters full of fascinating realms that are difficult or impossible to get to overland, or even by plane, hence traveling by boat cruise or luxury yacht allows travelers to visit these remote places. Pink Escapes' advice is not to miss the Kerala House Boat Experience which is voted among the world's best travel experiences. Also, they highly recommend the Luxury trains, which offer an illuminating journey - bring to life the bygone era in sheer opulence and are the talk of the luxury travel circuits across the globe.

Explore the ancient lands with Pink Escapes for an unmatched experience! www.pinkescapes.in

The collage includes:
1. Top-left: A sunset view of the Taj Mahal with a pink-to-purple gradient.
2. Top-middle: The Punakha Dzong in Bhutan, a traditional Buddhist temple.
3. Top-right: A person in a blue jacket trekking in a snowy mountainous area.
4. Bottom-right: Two shirtless men posing on a sandy beach.
5. Bottom-left: Two women walking hand-in-hand along a beach.
6. Center: The 'pink ESCAPES' logo with three hearts above the word 'pink'.
7. Bottom: Text reading 'Exceptional Travel Experiences for Exceptional Men and Women!!'

q people: with MARC J PORTER

Ben Rylan has been involved in the inner workings of Melbourne queer life for a few years now. You can catch Ben Saturday mornings on JoyFM where he is a presenter on Saturday Magazine, rather a good listen if you ask my opinion.

Where do you fit into Melbourne's queer media and what do you do?

I am a news presenter and producer at JOY 94.9, Australia's only LGBTIQ radio station.

Tell us how you got here?

After studying film and television, I began freelance writing television reviews for Fairfax. But I much preferred writing for radio and television. After securing a spot as the Saturday morning news presenter at JOY 94.9, I gradually built up my on-air confidence. An opportunity arose when Doug Pollard needed someone to fill his show's slot as he had become ill. Without a clue of what I'd do, I snapped up the chance without a second thought. I leaned on almost every contact I had to put together a tight show with less than 24 hours notice.



Nowadays I produce Saturday Magazine, JOY 94.9's flagship news and current affairs program, every Saturday 10 till noon.

Do you find it hard or easy to voice your queer opinion in Australia in 2012?

It's very easy to have a voice today. Getting your actual message heard by those who need to hear it can be another matter. We are immensely lucky to have a voice like JOY 94.9, not to mention the array of queer press such as Q. But we do need to be careful to not simply preach to the converted. It's not enough to convince ourselves of how important equality issues are, we need to make sure we're engaging with the wider community too.

What type of person does it take to be yourself and not care what anyone thinks?

I believe being yourself is about having the courage to live your life the way you feel is most constructive. But I always care about what others think. I would hate to become one of those people that can upset and offend without knowing or caring. To be so removed from the world would surely be quite lonely.

What's been a highlight so far?

Presenting my first drive-time news headlines next to Rhonda Burchmore. I hadn't known she was in the studio until I walked in moments before going to air. She's a very warm and welcoming person. Her hilariously flirtatious manner made it a rather interesting news-read!



What's your ultimate goal?

I hope to one day soon enter the world of television. Developing and producing a news program is my number one aim.

Looking back what led you down this path?

I've always had a love and passion for television. Unfortunately none of the teachers at my school considered it a serious ambition. But I'm lucky enough to have worked out that they were all a bit clueless. Sometimes, you really do need to forge your own path.

How far away is gay marriage in Australia and will you take the plunge?

On a federal level, it's far too difficult to tell. And on this topic, both sides appear as hopeless as each other. I hope to one day be married. But politically speaking, the gay marriage question is about the greater good, and shouldn't be about one's own personal preference.

What else do you get up to?

Holding down a full-time job whilst presenting news and producing two hours of radio every week doesn't leave me with much spare time. But I do have a huge love for classic film, so I often haunt the halls of the Astor Theatre when I can. Thankfully the building's just been snapped up by a film-loving 80 year old with deep enough pockets to let it continue as a cinema. So there'll be plenty more chances to swap the darkness of a radio studio for the darkness of a cinema whenever I can!

q exhibition: THE FORM SERIES

The first exhibition by Adrian Chong Yeak. Adrian Chong Yeak, or more affectionately known to his friends as simply Chong, is proud to present his first exhibition, titled THE FORM SERIES.



The form that Chong explores in this wonderful maiden show is that of the Human Form, FORM that exists in its finest and most pure. Chong has a long experience with the human form, through his formative years as a dancer to his professional life now as a photographer, whereby the fluid lines and shapes that he would create for divine motion, are now thrillingly captured in their static photographic glory.

His love and devotion behind the scenes, has now transcended to behind the lens. Chong's eye for the perfect framed shot, his addiction to the use of constant light and direction of talent, he has come up with imagery that is both detailed and beautiful and in homage to the craft of Herb Ritts.



The Form Series, a collection of nudes, will showcase the crème de la crème of the performing arts and entertainment industry's best examples of human form, these being dancers, singers and models. Chong was initially unsure of whom to ask to take part, turns out he ended up having to turn talent away such was their demand to be photographed by him. By lovingly lending their form to help canvas and create his art, these 20 models will now become part of Chong folklore.

"I am very, very lucky and blessed to have such amazing friends who have volunteered to bare all for this exhibition. At first I was apprehensive as to who would say yes to the project but, after initial contact I ended up with over 20 people. I had to cut back due to the space of the gallery".

Having been in the events and entertainment industry for over 15 years as a performer and manager, Chong has been encouraged and inspired by all and sundry to accomplish his long-time dream of his very own exhibition.

And now finally, here it is...launching on the 9th of November, at Caravan Art Studio & Gallery, 13/15 David street, Richmond. This opening night will surely be an event to remember and will pull together Chong's many other talents. This is assured to be kick ass soiree, all arranged with his reputation of obsessive organisation thus ensuring his stunning launch will be a night to remember!

Invite Only Sneak Peek 5.50pm-7pm and opens to public from 7pm onwards.
Exhibition runs from the 9th of November and closes Sunday the 18th November.

www.rushpoppershop.com.au

q festivals: ADELAIDES FEAST

Feast Festival Announces 2012 Program

Feast, Adelaide's Queer Cultural Festival (the only queer Festival in Australia to build its own Festival Hub, which this year is sponsored by ANZ) today launched the jam packed 2012 program which will see Adelaide come alive for 16 days and nights from 10 – 25 November.

"I encourage you to attend as many Feast events as possible and make the Hub a central meeting place for the LGBTQI community and our friends in November. This is your festival, so come out, support and enjoy it!" Kerry Ireland, Creative Producer.

THE FESTIVAL

Feast is a festival that welcomes everyone. Audiences of all ages and persuasions are invited to experience a celebration of homegrown and international theatre, cabaret, live music, film, comedy, visual arts and community events that take place throughout Adelaide annually during the unique event that is Feast. Feast is turning 16 years old in 2012 and has been programmed for the fourth consecutive year by Creative Producer Kerry Ireland around the theme 'Coming of Age'. The 2012 program boasts 11 world premieres 16 Australian premieres and 19 shows exclusive to Adelaide.

THE FESTIVAL HUB

Audiences will once again come together and make Light Square the ANZ Festival Hub. Major changes to the Hub design have been made and The Ballroom and revamped Garden Lounge host a torrent of world class acts. Check out the new Festival Hub layout, play retro video games on the new Campsite cinema screen, enjoy fabulous food, the affordable bar and the playful carnival atmosphere where everyone is welcome. The festivities kick off on 10 November with the annual Pride March (the first Pride March was held in Adelaide in 1973, when homosexuality was still illegal) from Victoria Square to the ANZ Hub, led by a cavalcade of motor bikes down Gouger and Morphett Streets; followed by the Opening Night Party where the chart topping Australian princess of pop, Melissa Tkautz will take centre stage.

CABARET/BURLESQUE

This year Cabaret returns as a prominent feature of the program with world-class performers alongside some our own home-grown Adelaide excellence. Headlining is U.S. Drag Legend Miss Coco Peru, widely- known for her hilarious star turns in the films Trick and Girls Will Be Girls and on TV's Will and Grace. Direct from the GH Hotel, Melbourne's Boylesque are the country's hottest dance troop. Showing off their aerial expertise with ease, as seen on Channel 10 and a sell out everywhere, thier show is hosted by Melbourne's Favourite Dragqueen, Paris. For the first time in Australia, New York City's award-winning burlesque duo Trixie & Monkey showcase trapeze, striptease and acrobatics that mix years of high level circus training, brilliant comedy and electric onstage chemistry. Superstar drag king Rocco D'Amore brings you the wildest variety show with an all-star cast.

THEATRE

The Feast 2012 Theatre program offers an eclectic mix of performers from across the globe including Kimberly Dark,

whose show Good Fortune was named by Curve Magazine as one of their top 10 performances of 2011 in the US.

MUSIC

Headlining this year's Music Program is Tamworth's legendary country singer Beccy Cole, whose career spans more than 20 years. Cole has toured with some of country music's greats including Willie Nelson, Kenny Rogers, Glen Campbell and Don McClean. Recipient of 9 Golden Guitars, 2 Entertainer of the Year awards and 3 Gold Records, her Songs & Pictures album has already produced 3 number ones.

CINEMA

Brand new for Feast 2012 is the Outdoor Cinema (a combination of last year's campsite and outdoor AV screen), Feasts very own undercover, outdoor, cinema that can seat approx 80 people and has its own campfire and candy bar. Headlining the program of 10 films to be screened across the duration of the festival is Becoming Chaz (USA), the documentary of Cher's daughter Chaz Bono who has recently transgendersed from female to male. Directed by Fenton Bailey & Randy Barbato, this will be an Adelaide premiere.

COMEDY

The Feast Comedy Gala is the best way to taste-test some of Australia's best and brightest queer comedians. Hosted by Adelaide Comedy's comedian of the year, Lori Bell the Gala includes snippets from this years full-length comedy shows. Featuring as part of the Feast 2012 comedy program is Joel Creasey, who in 2010 earned himself a nomination for the prestigious Best Newcomer Award at the Melbourne Comedy Festival (at just 19 years of age, he was one of the youngest ever nominees).

VISUAL ARTS

Visual Arts at Feast again dominates The Halls of the ANZ Hub featuring exhibitions from Ben McKeown (VIC), Leon Mostovoy (USA), Simon Simonson (SA), Michelle Spudic (SA), Alice, Dolling (SA). Exhibits in other venues by Michele Wilkie (SA), Gary Lee (SA) and Emma Hack. Collaborative projects include exhibits by Animal Liberation SA; GSpirit (SA); Eric Kuhlmann and Sonia Klver (SA); Maureen Cook (SA), Janet Neilson (SA), Frances Phoenix (SA) and Sarah Jane Cook (SA); Troy-Anthony Baylis (SA), Bianca Beetson (QLD), Pamela Croft-Warcon (QLD), Cary Leibowitz (US), Yves Netzhammer and Ralph Schraivogel (Switzerland), Nat Paton (QLD), Andrew Putter (South Africa) and Dieter Roth (Germany).

COMMUNITY EVENTS

Community events again highlight Feast's commitment to providing free and low cost events for everyone. Feast favorite Picnic in the Park last year saw an astonishing 5,000 attendances with another 40,000 tuning in to Joy FM's live broadcast.

See the full program and information for tickets at:

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q men: AUSSIEMEN THAT IS

The NEW AUSSIEMEN hookup/dating site launched this month with an impressive new website and uncensored mobile app. The site offers all sorts of guys from Jocks to muscle, Bi or Curious, single and not so single. Already a whopping 160,000 guys are using the site in Australia, with over 50,000 Victorian members. East Melbourne, City and North Melbourne are currently the most popular areas for members logging on daily.

For any guys looking for Mr. Right the NEW AUSSIEMEN really delivers the full package – Impressive new website, uncensored mobile app & most importantly hot local men on tap.

Impressive new website

The new website (aussiemen.com.au) is a modern single page application format built with the latest web technologies HTML5 and CSS3, showing that hookup/dating websites themselves are now evolving. A few cool features this new technology enables on the new site include:

'Live messaging' that conveniently combines the best features of messaging and instant chat, with flexibility to include private pics at any time, provides a fun and natural way to get to know a guy online.

The 'Activity Panel', which you will not find on any other hookup site, ensures you will find all the hot guys you need. All your tracks, favourites, online and hot guys

flow down the left side of the screen constantly. It's like sitting in a café people watching whilst online!



Uncensored mobile app

The NEW AUSSIEMEN mobile app is a web-based gps enabled app (m.aussiemen.com.au), meaning that it is fully uncensored as it does not need to follow APP store censorship regulations, nor require frequent downloading – A big plus!

The multi-view feature also allows you to check out guys in any location across Melbourne or across the country in seconds... If you live, work and travel in Australia - this app is a must!

The icing on the cake is that the aussiemen app is unlimited! View all 160,000 guys (if you have the stamina), and no restrictions on messaging or profile views. (Available on iphone and android. Enter m.aussiemen.com.au into your phone browser and bookmark to your home screen).

Do you have an ipad or tablet?

The NEW AUSSIEMEN has also been developed with the exploding tablet market in mind with touch screen navigation. Either the site or the mobile app are fully functional on tablets - you decide.

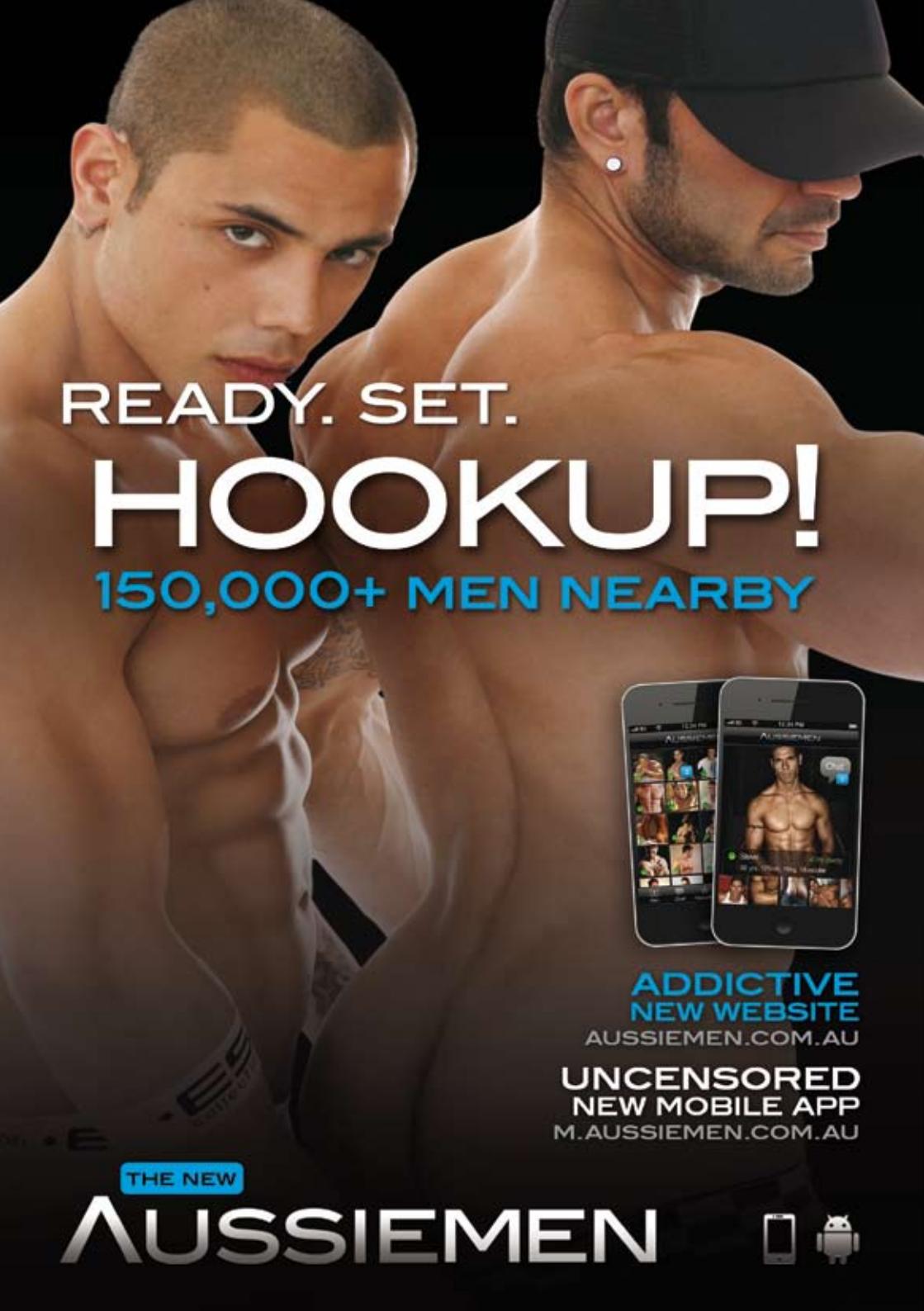
In the coming months many enhancements and exciting new features will launch on the website and mobile app. 'X-WALL' is already being talked about. Members will be able to post short comments for all to see – a broadcasting tool for guys to get what they are after faster!! Great news for the voyeur in all of us!

AUSSIEMEN is not interested in helping you search for guys on the other side of the globe – but it will definitely get you closer to hot guys nearby... whenever you want! If that interests you... Get online! Get mobile!

AUSSIEMEN is a hookup/dating site for men seeking men focused on the Australian market. The brand is fully Australian made and owned.

Website - aussiemen.com.au Mobile App – m.aussiemen.com.au (for iphone and android).





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q drag: A NEW FACE OF DRAG - SASHA FAGG



Twenty-one year old Sasha Fagg burst into the Melbourne drag circuit like a breath of fresh air. Alan Mayberry first noticed her in the audience at the GH and in Divine Divas. Since then she has gone on to rapidly rise the stairway to stardom with her goddess-like good looks. He asked her how her career started.

Born in Penrith, NSW, I lived in the small town of Kempsey for most of my life, where I went to Melville High. At the end of Year 10 I auditioned for McDonald College, a performing arts school in Sydney. It had a dual focus on academics and the performing arts. I was lucky enough to be granted a scholarship, so I moved to Sydney and completed my higher education. It was time for new surroundings so I auditioned for the Victorian College of the Arts and moved to Melbourne at the start of 2010 to study Dance. I moved here knowing only one person. It was an exciting yet daunting period of my life, a new chapter.

I think I knew I was gay from a very young age. I was always bullied in school when I was younger because I did dancing, but that didn't stop me. It wasn't until I moved to Sydney that I was comfortable to express myself the way I wanted to. That's where I learnt to embrace my creative side and express myself freely.

When did I get my taste for drag and men you ask? - Ha Ha! This is always the question, how did it all start. Look I never saw myself as becoming a drag queen, it just kind of happened. It all started with the cliché dress-up party scenario: Ken and

Barbie. And I think it's obvious which one I choose. As for men, anyone a little bit rough around the edges tickles my fancy!

My first professional performance was at Priscilla's on Commercial Road, with Paris. I was a guest for *Code 3 Friday's*. I was very fortunate that Paris opened the stage to me. My first regular gig followed at Heavens Door hosting *Play RNB* on Saturday nights, I did this for 9 months. I was also working on Friday nights at Priscilla's alongside Missy La Minx until sadly it all came to an abrupt end recently.

I love the way Tabitha and the GH are giving 'new' performers a stage to air our talents every Friday. They say practice make perfect, but we do need a professional stage to refine our art. I know I have put heaps of effort into my costumes and make-up and it gets that little bit easier the more you perform and the more confident you get. My look evolved from heaps of practice. When I think back about it I went through phases where I was really focused on my make-up, then to my costumes and then to my hair. Now it has all come together, it has created my image. But like everything it is still continually evolving.

A housemate is responsible for my drag name. I was obsessed with make-up and practice, and she would always say to me 'why are you doing that, your SUCH A FAG!' To which I replied. 'One day I will be SASHA FAGG!' Look where I am now!

I'm currently performing all over Melbourne as guest including the GH, DnM and Heavens Door. I also have an up and coming show with Nova China and Jacqui Meoff called the *Sisters of Sequin*. I'm also part of *The Divine Divas* playing Katy Perry. We are off in November for a regional tour for 10 shows, which I'm very excited about. You will get to see it at Crown in 2013, the new finalé costumes are to die for, let's just say they are ELECTRIFYING!

Trying to pick the highlights of my drag career is a tough question, since I've only been doing drag for just over a year and a half, but praise to god I've had so many opportunities given to me. The maxi high would have to be the first time I performed with the Divine Divas, an intoxicating mix of adrenaline, nerves, excitement and loads of sequins!





I hadn't really seen many drag shows before I actually started myself. It was a big learning curve. The most memorable show would be Rita at the opening of *Drag Addicts* at the Market Hotel doing the GA GA show. She just entranced the whole audience, it was phenomenal. It's upsetting that there isn't as many stages to perform on in Melbourne anymore. This was definitely one of the best.

My life isn't a complete drag! I do have a day job as full-time as a Duty Manager at Target. I love it most of the time! But always find myself distracted thinking about new shows and costumes. I plan to return to Uni next year. I like to keep a balance between drag and my normal life. Sometimes it can consume you and can get claustrophobic and it's hard to break out again.

I like to perform to new upbeat numbers so my favourite number is continually changing. I adore Beyoncé's *Run the World*. I think it's really important to love the track you're performing to, for yourself and the audience to enjoy it.

When I have time off I like to go out to dinner with my close friends. A good bottle of wine over a delicious meal will relax me any time. I go through stages with venues. I like to mix it up when I am not working. I really enjoy the once a month event called *Swagger at the Bottom End*

in the city. Also I'm a sucker for a good meal at Yellow Bird on Chapel with a cider – no make that quite a few ciders!

q cabaret: TIM DRAXL & FREEWAY

AFTER A SELL-OUT TRIUMPH at the Sydney Opera House TIM DRAXL makes his keenly-awaited return to the Melbourne stage in the acclaimed musical play FREEWAY - THE CHET BAKER JOURNEY at the ARTS CENTRE MELBOURNE. Conceived and written by Bryce Hallett and Tim Draxl, the intimate show intersperses fragments of Chet Baker's radiant career and self-destructive life amid his sparkling musical jewels - the "blue diamonds of jazz" - that spoke of destiny, heartache, despair and love.

In his late teens and early 20s, Baker looked like an angel and sang and played trumpet with astonishing assurance and ease. His music had the power to conjure beauty out of ruin while the fragility of his voice, at any tempo, was both heart-breaking and true. Chet Baker held a magical sway over people's souls. From his emergence in the 1950s until his drug-related death in Amsterdam in 1988, Chet Baker's life has become the stuff of legend.

FREEWAY is packed with poignant ballads and classic songs, including My Funny Valentine, My Buddy, Let's Get Lost, These Foolish Things, You Don't Know What Love Is, Look For the Silver Lining, Born to Be Blue, That Old Feeling and There Will Never Be Another You. Fourteen of the songs in the show are featured on Tim Draxl's latest album MY FUNNY VALENTINE, recorded at the James Morrison Studio in Sydney and released by Fanfare Records this month. Within two weeks of its release, the album shot to No 2 on iTunes and is receiving airplay on a number of radio stations throughout Australia.

Freeway began life at the tiny yet legendary jazz and music club El Rocco in Kings Cross in October 2010. It was part of last year's annual Adelaide Cabaret Festival where it played to sell-out crowds and met with critical and popular acclaim. Kate Ceberano, Director of this year's Adelaide Cabaret Festival said, "Tim is a great singer, natural actor and a massive spunk to boot. Add that to the sounds and songbook of the late, great Chet Baker and it's a marriage made in jazz heaven!" Most recently the show was performed at the Sydney Opera House where it had the critics again reaching for superlatives.



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q ballet: A CLASSICAL CELEBRATION

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q performance: AN ACT OF NOW

The Melbourne Festival and Chunky Move in association with Arts Centre Melbourne proudly present
AN ACT OF NOW (Aust)
Sidney Myer Music Bowl
Wednesday 17 – Saturday 27 October at 8pm

Chunky Move presents the World Premiere of An Act of Now at the Melbourne Festival this October, the highly anticipated debut work under new Artistic Director Anouk van Dijk. Casting a fresh eye over her new hometown, van Dijk presents An Act of Now in the iconic Sidney Myer Music Bowl, reimagined in an audacious new light.

Exploring proximity, isolation and humankind's ability to coexist, An Act of Now is presented in a smoke filled glasshouse on the Sidney Myer Music Bowl stage. In a moment of precise, dynamic movement, the veil of smoke is broken and eight dancers fill the space, drawn to, yet confined by its boundaries. Who will lead? Who will follow? As the balance of power shifts, who will flourish and ultimately, who will survive? Seated alongside, the audience watch and listen intimately on personalised headphones, cocooned in their own experience as the footfalls and reactions of dancers meld with a quietly pulsing score.

An Act of Now will form the third part in a series of projects where van Dijk researches human behaviour in response to their environment. These performances take on different forms and are shown in non-traditional settings and on specific sites. The first two parts in the series took place in The Netherlands, one in the open air on the island Terschelling and one in a former shipyard warehouse in Amsterdam.

Anouk van Dijk assumed the role of Artistic Director at Chunky Move in July this year, taking over from founder Gideon Obarzanek. An internationally acclaimed choreographer, her work has toured extensively throughout her home country of The Netherlands, Europe, North America, Asia and Australia. Van Dijk's work is daring, innovative and unpredictable in both its form and context.

Chunky Move has earned an enviable reputation for producing a distinct yet unpredictable brand of genre-defying dance performance, constantly seeking to redefine what is or what can be contemporary dance within an ever-evolving Australian culture. Anouk van Dijk's appointment as Artistic Director marks an exciting new chapter in the company's evolution.

Impassioned and uplifting, An Act of Now is an arresting premiere from the mind of Dutch dance phenomenon Anouk van Dijk – a tantalising taste of what's to come for Australia's most beloved contemporary dance company.



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q shows: TODD ON THE ROAD TO RIO

He is the originator of the ultimate Peter Allen portrayal and that's why one of Australia's most versatile and critically acclaimed performers, Todd McKenney is returning to the stage with a brand new show "Songs and Stories of Peter Allen", a live national concert tour from October to December 2012.

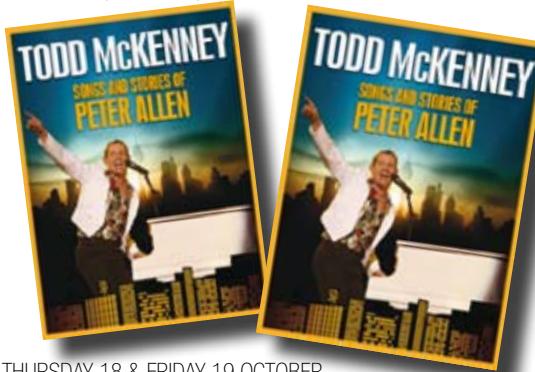
The two hour extravaganza featuring an eight piece band, singers and dancers is a brand new show and a different take on Allen's life and career that will showcase the classics, some new songs and untold stories of McKenney's time in Peter Allens sequins. This is a very personal show with an emphasis on outrageous fun.

Currently on stage with Annie The Musical and on Channel 7 as the controversial Dancing With the Stars judge, McKenney trained from the age of three in jazz, tap, acrobatics and ballroom dancing and first performed the role of Peter Allen in "The Boy From Oz" in 1998. Following nearly 800 shows to over 1.2 million people McKenney made it one of Australia's most successful musical theatre productions and became a household name earning himself two Mo Awards, the Variety Club Heart Award, the Glugg Award, the Green Room Award, the Australian Dance Award and two coveted Helpmann Awards.

Todd reprised the role of Peter Allen in The Production Company's production of The Boy From Oz in 2010 and 2011. There is an uncanny synergy between McKenney and Allen, much of which will be revealed within the show. Allen in fact had woven in and out of Todd's life in his younger years, and has remained a constant inspiration and influence to this day. "To be totally honest I feel like I have been living with Peter Allen since 1998 and we get on really well. I love the man and I love his music," says McKenney.

"Songs and Stories of Peter Allen" will showcase many of Peter's hits including "Rio", "I Still Call Australia Home", "Not The Boy Next Door", "Tenterfield Saddler", "Everything Old Is New Again", "Quiet Please", "I Honestly Love You", "Don't Cry Out Loud", "The More I See You" and more. "I think I've sung I Still Call Australia Home 2000 times, but I never get tired of singing it," McKenney says.

"Up Close and Personal" will be a special 45 minute pre show event to "Songs and Stories of Peter Allen" featuring a screening of the Peter Allen documentary "The Boy From Oz Special Edition" and McKenney on stage discussing Peter's life and career along with his own personal experiences with Allen and his famous friends and career colleagues.



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q youth: with TASMAN ANDERSON

Last month, I talked about self-harm and specifically, my history with it. However, in my rush to 'rip the bandaid' off and get my story over and done with, I neglected the most important part, recovery (sorry guys!).

I think the first thing I should say on this topic is that recovery is anything but easy. It's probably the hardest thing a self-harmer will ever have to do. Just like any other addiction, it's like you have something clawing at you from inside, something you can't ignore.

As a stress cutter, I felt like I had an enormous amount of pressure pushing in on me. It was like everyone wanted something from me and that I was so absorbed in hard work, that I forgot what I was doing it all for in the first place.

The moment I decided it was time to stop was when cutting became something more than just for stress. It scared me when I was integrating cutting into my schedule like it was as normal as brushing my teeth. I didn't want to be middle aged and still battling with self-harm. Most of all, I didn't want to be a bad role model for the girls and guys I hope to influence in my future book career. It was time to give it up.

I'd be lying if I said that I stopped and never looked back. I failed multiple times and every time I kept rationalising the slip up: "I was just stressed, it was only once, and I'll stop this time for sure". It was a cycle that I wasn't sure how to break.

It wasn't until I discovered the Butterfly Project that I really found some guidance. For those of you who are unaware, the Butterfly Project is a step by step process for self-harmers attempting to recover. The notion is that every time you feel the urge to cut, you are to draw a butterfly and name it after someone you love. That way, if you cut, the butterfly representing your love one will die. Although I didn't find the actual project helpful for me, the Facebook group for it helped more than they will ever know. Before it, I didn't know any other cutters and so, it was easy to isolate my problem and ignore it. However, with the group, I always had someone who understood even the strangest of thoughts that I would have during recovery.

Trust me when I say recovery is beyond strange. At the beginning, it's easy. You've decided that enough is enough and so you relax because you've made a start. But soon enough, you become over sensitive to your emotions. When you get good news, it's as if you just won the lotto and when you get bad news, it's as if someone just died. Then you become so paranoid that you think the neighbour down the road knows you're a cutter. You forget who you are and everything about you except that one little habit. Soon, you find it hard to sleep or socialise with friends because all you want to do is cut. But soon enough, just when you think you can't take anymore, you start to feel like yourself again.

I will always be a 'recovering cutter'. You can't ever be completely past it. Just like with alcohol, it's one day at a time. I won't sit here and say that I know what's best because I can only know what's best for me. All I can say to the self-harmers out there is that you are not alone. There are thousands of us who all feel the same. You may think what you are doing is no big deal except that it is. It has control over you and just when you think you have the upper hand; it'll flip everything upside down. I won't tell you to recover because you need to want that yourself. All I can say is reach out to the Butterfly Project. Find people who know exactly what it's like.

Don't be afraid to talk about it. YOU. ARE. NOT. ALONE.



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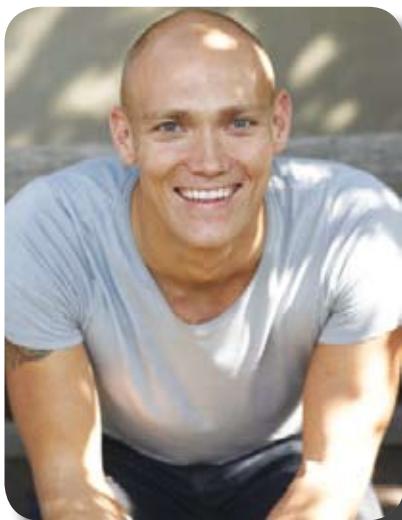
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q beauty: MICHAEL KLIM STYLE



Olympic swimming legend, Michael Klim is no stranger to the effects of sun, sweat and chlorine on skin. The founder of Milk & Co Skincare, this guy has his grooming regime down pat.

His own experience was the catalyst behind the brand, leading Klim to develop a range of products that would encourage other men to feel good about their skin and relaxed about taking care of it. An easy to use set of products that are made from natural marine-based ingredients, the range smells great and will look amazing in your bathroom too.

Now a seasoned expert in skincare, Klim shares his best advice with Q Magazine. He explained the five most important things for guys to remember in their grooming routine, and tells us what every man should be doing to look after their most important asset.

1. Cleanse

Gone are the days when the idea of caring for your skin was one only for women. Just like men shower, shave and brush their teeth, cleansing your skin is just as important. Helping to remove dirt, dead skin cells, excess oils, and other impurities, guys should use a cleanser and scrub on their skin every day or night. For younger guys with acne, cleansing is especially important to clear clogged pores and keep skin feeling fresh.

2. Exfoliate

While cleansing washes away surface oil and dirt from your skin, exfoliating helps to remove debris that normal washing just can't touch. Exfoliate your face, as well as other parts of your body to protect against skin issues, acne and ingrown hairs. While exfoliating should be a regular part of your grooming routine, keep it to no more than 2 to 3 times a week – excessive exfoliating can do more harm than good.

3. Shave

Use a quality shaving cream that has a high concentration of lubricants and moisturisers. The best lubricant when shaving is water, so shaving in the shower is often best. A sharp razor is also important, as a dull blade can be traumatic to the skin. Don't forget to finish up with an after-shave balm or moisturiser to replace lost moisture and soothe the skin.

4. Moisturise

The sun dries out the skin and accelerates the visible signs of aging. In addition to the sun's rays, shaving also dehydrates the face and eliminates the skin's natural protective layer. To combat this, prevent moisture loss and promote water retention, Klim recommends moisturising your skin twice a day with a product that has added SPF. Try something like Milk's Face Moisturiser and Sunscreen SPF 15+ RRP \$29.95 AUD.

5. Protect

Everyone needs to remember to protect his or her skin. Shielding your skin from the sun is so important, especially in Australia's harsh climate. It's not just for your face however, while a moisturiser that contains sunscreen is good for this, all parts of the body that will be exposed to sun need some attention too. Remember to apply to your neck, ears, chest and arms.



q win: OCTOBER (FEST)



Michael Klim

Milk & Co Skincare by Michael Klim - a fresh, easy-to-use set of products, made using natural marine-based ingredients. Personally researched, tested and created by Klim, Milk is about helping guys feel good about their skin and relaxed about taking care of it.

Available at Myer, Coles, Woolworths, Target, select boutiques and pharmacies nationally Australia-wide and online. For more info go to www.milkskincare.com

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Winner's name published in November 2012 edition of Q Magazine. This competition is open to Australian residents only.

* All prizes are open to everyone, except those which specifically state you must be over 18 to enter. Entries close on the final day of each calendar month with the prize draw taking place at 5pm the following day at Apt. 7, 16 Westbury Grove, St. Kilda East 3183. Names and addresses of people winning prizes valued at or over \$250 ONLY will be published in the following issue of QMagazine. All monthly winners are notified by email.



q scene: OUT & ABOUT



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the only thing he worshipped was another man

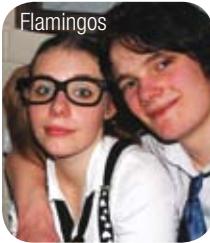


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q scene: OUT & ABOUT



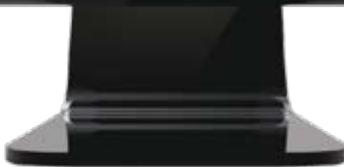
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q travel: with BARRIE MAHONEY

'Twitters from the Atlantic'

Barrie Mahoney was a teacher, head teacher and school inspector in the UK, as well as a reporter in Spain, before moving to the Canary Islands as a newspaper editor. He is still enjoying life in the sun as a writer and author.



Reclaiming the flag

Visitors to the Canary Islands and Spain will notice that the flying of flags is a popular pastime. Public and government buildings, as well as many private organisations, usually proudly display three flags in the Canary Islands: the Spanish flag, the Canary Islands' flag and the flag of the European Union, and we even have another that is specific to the island of Gran Canaria. Yes, despite the usual negativity and cynicism of many Brits, the European Union is still a popular and welcome concept in many European countries. Spain's recent victory in the European Cup has also seen a flurry of Spanish and Canarian flags adorning the homes, cars and bodies of many islanders, and has been a delight to see.

Flags are important; they are a symbol of unity and pride. Although I personally find flag waving and adorning myself in the Union flag embarrassing, I respect and admire those who do. However, this is not the case throughout the world; we have only to look at the example of Northern Ireland, where flying a Union flag, or indeed the Republican Tricolour, is seen as provocative, and is one of the reasons why UK driving licences do not include a Union flag, but only the European Union flag, for

fear of upsetting the sensitivities of some in parts of the United Kingdom. This is a position that I understand is soon likely to change with the inclusion of both the Union flag and the European Union flag on UK driving licences, with the exception of those licences issued in Northern Ireland.

As a child, I was always taught that the national flag was called the Union Jack. In later years, we were told that this should only refer to the flag when being flown on warships, and that Union flag was the correct terminology. I understand that the position has changed once again and we can call it whatever we wish. The idea that the Union flag should only be described as the Union Jack when flown from the bows of a warship is a relatively recent idea. The Admiralty itself frequently referred to the flag as the Union Jack, whatever its use, and in 1902 the Admiralty declared that either name could be officially used. Parliamentary approval was given as long ago as 1908 when it was stated, "the Union Jack should be regarded as the National flag". Therefore, I am going to return to using the original terminology that I learned at school, the Union Jack, from now on.

In recent years there has been a noticeable reduction in patriotism and pride in the UK, matched by a significant decline in 'flying the flag'. Much of this seems to have come from the idea that displaying, waving and celebrating with the Union Jack was, in some ways, endorsing the racist and distorted views of a right wing, political party, which claimed the Union flag as the symbol of their own obnoxious organisation. Thankfully, the balance has now been corrected and it has been good to see many ordinary people enjoying and celebrating the Queen's Jubilee, Wimbledon, Euro 2012 and the Olympic Games with their own national flag once again. The Union Jack has been reclaimed and renamed!

Hats, umbrellas, jackets, dog leads, boxes of chocolate, mugs and even slippers are now happily adorned with the Union Jack. No longer has it anything to do with allegiance with a particular political party, but is part of belonging, identity, celebration and pride. The Union Jack has been around since 1606 and it is good to see the flag being reclaimed by ordinary people who feel pride in their country and wish to celebrate with it. Indeed, it is good to see the flags of any nation being displayed with pride anywhere in the world. It is perfectly possible to feel pride in being English, Scottish, Welsh and Northern Irish, a member of the United Kingdom, as well as also being a good European.

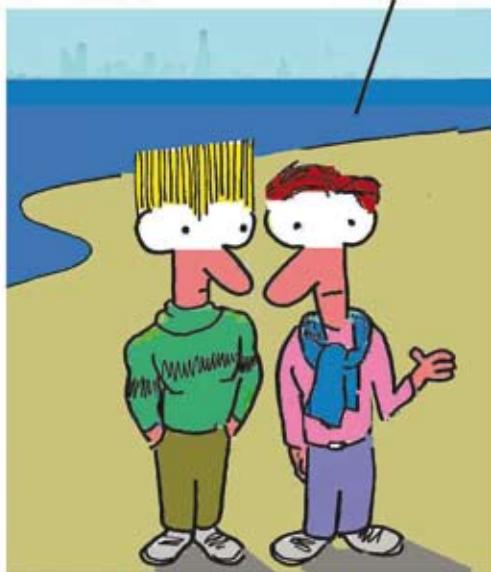
If you enjoyed this article, take a look at Barrie's websites: www.barrymahoney.com and www.thecanaryislander.com or read his latest book, 'Threads and Threats' (ISBN: 9781843866466)



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